



# THANK YOU FOR CONTRIBUTING ITEMS TOWARDS CHRISTMAS HAMPERS AND FOODBANKS FOR THOSE MOST IN NEED.

## **Hygiene Products & Other:**

Shampoo, Body Wash, Bar Soap, Toothpaste & Toothbrushes, Toques, Mittens, Scarves, Socks, Small Blankets.

## **For Kids:**

Granola Bars, Fruit Juice, Fruit Cups, Puddings, Cookies, Crackers.

## **Non-perishable Food Items:**

Peanut Butter, Jam, Honey, Canned Meats, Rice, Canned Soups, Cereal (Oatmeal & Cheerios), Crackers, Pancake Mix, Kraft Dinner, Side Dishes (Hamburger Helper, Side Kicks, Stovetop, Mashed Potato).

*Please no expired best before dates.*

**For the whole law is fulfilled in one word:  
"You shall love your neighbour as yourself."  
Galatians 5:14**

Learn more at: [centralcommunity.ca/BackpacksOfHope](https://centralcommunity.ca/BackpacksOfHope)

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