



# FOUNDATIONS CORE DOCTRINE

## SESSION 3

**SUFFERED**

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**UNDER PONTIUS PILATE**

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**WAS CRUCIFIED**

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**DIED, WAS BURIED**

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**HE DESCENDED TO HELL**

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**ON THE THIRD DAY HE ROSE AGAIN FROM THE DEAD**

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**HE ASCENDED TO HEAVEN AND IS SEATED AT THE RIGHT HAND OF GOD THE FATHER  
ALMIGHTY**

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**FROM THERE HE WILL COME TO JUDGE THE LIVING AND THE DEAD**

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## THE APOSTLES' CREED

I believe in God, the Father almighty,  
creator of heaven and earth.

I believe in Jesus Christ, his only Son, our Lord,  
who was conceived by the Holy Spirit  
and born of the virgin Mary.  
He suffered under Pontius Pilate,  
was crucified, died, and was buried;  
he descended to hell.  
The third day he rose again from the dead.  
He ascended to heaven  
and is seated at the right hand of God the Father almighty.  
From there he will come to judge the living and the dead.

I believe in the Holy Spirit,  
the holy catholic church,  
the communion of the saints,  
the forgiveness of sins,  
the resurrection of the body,  
and the life everlasting. Amen.

### DISCUSS:

Of all the people the people not names *Jesus* and *Mary* in the Bible, which one might you expect to be included in the creed and why?

### DISCUSS:

What is open-handed and what is closed-handed when it comes to "he will come to judge the living and the dead"?

### DISCUSS:

What is the biggest insight gained or most worship-inducing Truth that impacted you this session?

### ADDITIONAL NOTES:

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